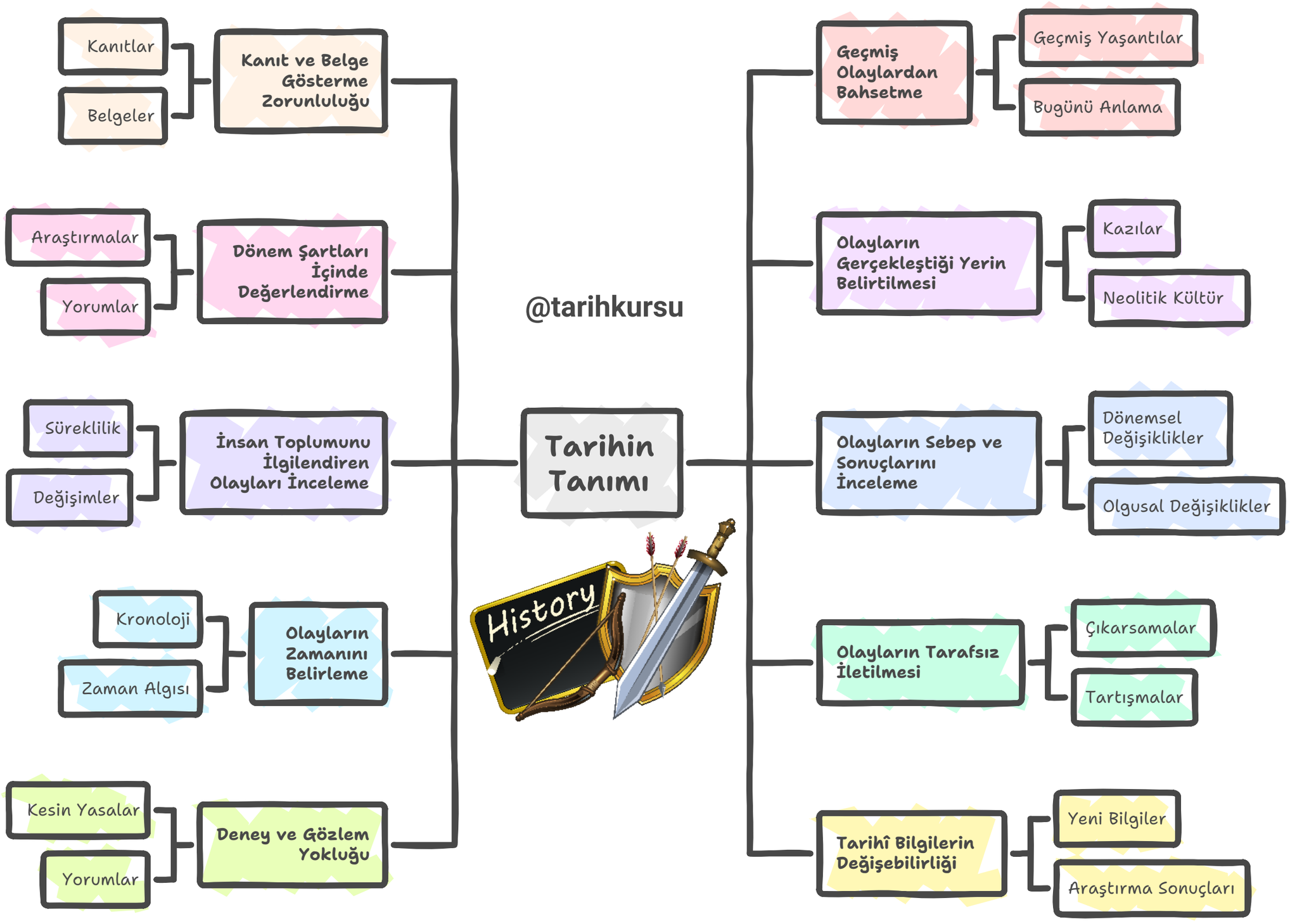Tarihin Tanımında Olması Gereken Unsurlar